

Retiree Council 10 Legislative Handbook



Provided by Retiree Council 10

*A NYSUT/AFT/NEA
Affiliated Organization*

**Prepared by: Barbara McCarthy
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Your RC 10 Officers

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46th Dist.- Jim Sheehan

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44th Dist.- Vacancy

VOTE COPE Coordinator: Sean O'Neill

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518-433-9801

State Contacts

Governor David Patterson

State Capitol, Albany, NY 12224

518-474-8390 fax: 518-474-1513

Web contact: <http://161.11.121.121/govemail>

Malcolm Smith Senate Majority Leader
LOB 909 Albany, NY 12247 **518-455-2701**
masmith@senate.state.ny.us

Sheldon Silver Assembly Speaker
LOB 932 Albany, NY 12248 **518-455-3791**
Speaker@assembly.state.ny.us

New York State Teachers' Retirement System
Legislation: 518-447-2900 Ext. 6200

Official NYS Gov. website: www.state.ny.us

RC 10 Website: <http://nysut.org/rc10/>

Email: rctenster@gmail.com (sign up for ALERTS)

National Contacts (*RC 10 Counties are identified in italics.*)

President Barack Obama

Vice President Joe Biden

The White House

1600 Pennsylvania Avenue

Washington, DC 20500

president@whitehouse.gov

vicepresident@whitehouse.gov

Senator Charles Schumer

313 Hart Senate Office Bldg., Wash., DC 20510

420 Leo O'Brien Fed. Office Bldg, Albany, NY 12207

DC Phone: **202-224-6542** Albany **518-431-4076**

[http://schumer.senate.gov/](http://schumer.senate.gov) Click on contact

Senator Kirsten E. Gillibrand

531 Dirksen Senate Office Bldg., Wash., DC 20510

821 Leo O'Brien Fed. Office Bldg., Albany, NY 12207

DC Phone: **202-224-4451** Albany **518-431-0120**

[http://gillibrand.senate.gov/](http://gillibrand.senate.gov) Click on contact

Congressman Paul D. Tonko 21st District

***Albany, Saratoga, Rensselaer, Schenectady,
Schoharie, and Montgomery Counties***

128 Cannon HOB, Washington, DC 20515

Leo O'Brien Federal Building: Room #827

Albany, NY 12207

DC:**202- 225-5076** Albany: **518 465-0700**

[http://tonko.house.gov/](http://tonko.house.gov) Click on contact

Congressman Scott Murphy 20th district

***Columbia, Delaware, Dutchess, Essex, Greene,
Otsego, Rensselaer, Saratoga, Warren,
Washington Counties***

120 Cannon HOB, Washington, DC 20515

487 Broadway, Saratoga Springs, NY 12866

DC phone:**202-225-5614** Saratoga:**518-581-5247**

[http://scottmurphy.house.gov/](http://scottmurphy.house.gov) Click on contact

Contacting Your Legislator

Contacting your legislator can be a very productive exercise. Begin by assuming each legislator is sincerely interested in representing his or her constituents and each is certainly interested in getting re-elected. Your contact is important on both counts, since it not only acquaints the legislator with “back home” opinion, but also because these opinions come from people who will certainly take the time to vote.

How to make your voice heard:

Personal contact is always best. If you can arrange to meet your legislator, formally or informally, that is a contact he or she is unlikely to forget.

Phone calls directly to your legislator are effective but not easy to arrange. If a message is taken, your concerns are recorded as being in favor or against an issue but not necessarily why you have taken that stance.

Individual letters effectively indicate that you take a personal interest in issues. It takes time to write letters and letters afford you the space to explain your concern.

Contacting your elected officials through the NYSUT Legislative Action Center website is a quick and easy way to send faxes to elected officials.

(<http://www.nysut.org>)

ASSUME YOUR LEGISLATOR IS INTERESTED IN HEARING FROM HIS OR HER CONSTITUENTS BECAUSE EACH IS INTERESTED IN BEING ELECTED AGAIN.

RC 10 Assembly Members

John McEneny **104th District**
Albany County

McEnenJ@assembly.state.ny.us

LOB 648 Albany, NY 12248

518-455-4178

George Amedore **105th District**
Schenectady and Montgomery Counties

AmedoreG@assembly.state.ny.us

1170 Riverfront Center

Amsterdam, NY 12010

518-843-0227

LOB 426 Albany, NY 12248

518-455-5197

Ronald Canestrari **106th District**
Albany, Rensselaer, and Saratoga Counties

CanestR@assembly.state.ny.us

LOB 926 Albany, NY 12248

518-455-4474

Timothy Gordon **108th District**
*Albany, Rensselaer, Columbia,
and Greene Counties*

GordonT@assembly.state.ny.us

1654 Columbia Turnpike

Castleton-on-Hudson, NY 12033

518-479-0542

LOB 529 Albany, NY 12248

518-455-5777

**RC 10 Counties are identified in italics.*

RC 10 Assembly Members Continued

Robert Reilly **109th District**

Albany and Saratoga Counties

ReillyR@assembly.state.ny.us

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518-455-5931

James Tedisco **110th District**

Saratoga and Schenectady Counties

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Schenectady, NY 12305

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518-455-3751

Tony Jordan **112th District**

Rensselaer, Saratoga, and Washington Counties

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383 Broadway Room 202

Fort Edward, NY 12828

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LOB 725 Albany, NY 12248

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Teresa Sayward **113th district**

Saratoga, Essex, Hamilton, and Warren Counties

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Glens Falls, NY 12801

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**RC 10 Counties are identified in italics.*

RC 10 State Senators

Senator Roy McDonald 43rd District

Rensselaer and Saratoga Counties

mcdonald@senate.state.ny.us

Albany Office: LOB 711, Albany, NY 12247

518-455-2381

Senator Hugh Farley 44th District

Schenectady, Saratoga, Fulton, and Montgomery Counties

farley@senate.state.ny.us

City Hall: 33-41 East Main Street

Johnstown, NY 12095

518-762-3733 Albany Office

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518-455-2181

Senator Elizabeth Little 45th District

Washington, Warren, Hamilton, Essex, Clinton, and Franklin Counties

little@senate.state.ny.us

5 Warren Street, Suite 3

Glens Falls, NY 12801

518-743-0968

Albany Office: LOB 903, Albany, NY 12247

518- 455-2811

Senator Neil Breslin 46th District

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518-455-2225

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